

Frank Hermantin, MD

Liminal Longevity
493 Danbury Rd, Wilton CT 06897

BOARD CERTIFICATIONS

Orthopedic Surgery American Board of Orthopedic Surgery · Certified 2006, Recertified 2016, 2024–2036	
Specialty Areas Adult spine surgery · Minimally invasive spinal surgery · Spinal and orthopedic trauma surgery · Longevity medicine	

POSTGRADUATE TRAINING

Longevity Medicine Certification	2025–2026
Certificate of Advanced Training, Hyperbaric Medicine Undersea and Hyperbaric Medical Society	2024
Certificate in Psychedelic Assisted Therapy & Research California Institute of Integral Studies · San Francisco, CA	2021
Fellowship, Spine Surgery San Francisco Spine Institute · San Francisco, CA	1998–1999
Residency, Orthopedic Surgery Allegheny University Hahnemann Division · Philadelphia, PA	1994–1998
Residency, General Surgery Medical College of Pennsylvania · Philadelphia, PA	1992–1994

EDUCATION

Doctor of Medicine Medical College of Pennsylvania · Philadelphia, PA	1989–1992
Medical Sciences St. George's University School of Medicine · St. George's, Grenada	1987–1989
BA, Biology Adelphi University · Garden City, NY	1985–1987

LICENSURE

Connecticut	Active
New York	Active
California	Active

HOSPITAL AFFILIATIONS

Saint Mary's Hospital Waterbury, CT	2021–present
Connecticut Children's Medical Center Waterbury, CT	2021–present
Manchester Memorial Hospital Manchester, CT	2019–2023
Western Connecticut Health Network — Danbury Hospital & New Milford Hospital Danbury & New Milford, CT	2007–2019
Bay Health Medical Center Dover, DE	2001–2007

PROFESSIONAL EMPLOYMENT

Trinity Health of New England

1000 Asylum Avenue · Hartford, CT

2022–2026

Surgical Colleagues

520 8th Street NE · Hickory, NC

2021–2022

Team Health

265 Brookview Centre Way · Knoxville, TN

2019–2021

Facility Medical Director & Section Chief, Orthopedic Surgery

Manchester Memorial Hospital · Manchester, CT

2019–2021

Private Practice — OrthoConnecticut, PC

2 Riverview Drive · Danbury, CT

2007–2019

Frank U. Hermantin, MD, PA — Orthopedic Spine Surgery

Dover, DE · Chestertown, MD

2001–2007

Chestertown Orthopedics

Chestertown, MD

1999–2001

CERTIFICATIONS & TRAINING

Hyperbaric Medicine Team Training

March 2022

PUBLICATIONS

1. A Prospective Randomized Study Comparing the Results of Open Discectomy Versus Video Assisted Microdiscectomy

Hermantin FU, Peters T, Quartararo L, and Kambin P
Journal of Bone and Joint Surgery, 1999

2. Metastatic Disease of the Hip: Evaluation and Treatment

Berman AT, Hermantin FU, and Horowitz SM
Journal of the American Academy of Orthopedic Surgeons, Vol. 5(2), pp. 79–86, March/April 1997

3. Percutaneous Laser Discectomies Using a Flexible Endoscope

Cumming RS, Prodoehl JA, Hermantin FU, and Sherk HH
State of the Art Reviews (Spine), 7:135–140, 1993

4. Percutaneous Lumbar Discectomy Using Holmium-Yag Laser

Black J, Uppal S, Rhodes A, Smith R, Sherk HH, and Hermantin FU

PRESENTATIONS

1. A Prospective Randomized Study Comparing the Results of Open Discectomy Versus Video Assisted Microdiscectomy

Hermantin FU, Kambin P, Berman AT, Peters T, and Quartararo L
Paper Presentation — AAOS 65th Annual Meeting, New Orleans, LA, March 1998

2. A Prospective Randomized Study Comparing the Results of Open Discectomy Versus Video Assisted Microdiscectomy

Hermantin FU, Kambin P, Berman AT, Peters T, and Quartararo L
Scientific Exhibit — AAOS 65th Annual Meeting, New Orleans, LA, March 1998

3. The Incidence of Post-Operative Infection in Patients with Myelodysplasia or Spinal Cord Injury Undergoing Fusion for Scoliosis

Hermantin FU, Betz R, Clements D, and Bosaco S
Poster Exhibit — AAOS 65th Annual Meeting, New Orleans, LA, March 1998

4. The Incidence of Post-Operative Infection in Patients with Myelodysplasia or Spinal Cord Injury Undergoing Fusion for Scoliosis

Hermantin FU, Betz R, Clements D, and Bosaco S
Pennsylvania Orthopedic Society Fall Scientific Meeting, Wilmington, DE, November 1997

5. The Incidence of Post-Operative Infection in Patients with Myelodysplasia or Spinal Cord Injury Undergoing Fusion for Scoliosis

Hermantin FU, Betz R, Clements D, and Bosaco S
Scoliosis Research Society 32nd Annual Meeting, St. Louis, MO, September 1997

6. Complete Versus Partial Nuclectomy Using the 2.1 Micron Holmium-Yag Laser in the Treatment of Prolapsed and Extruded Disc Herniations

Sherk HH, Maes K, and Hermantin FU
International Musculoskeletal Laser Society, Neubtel, Switzerland, 1994

7. Percutaneous Lumbar Discectomy Using Holmium-Yag Laser

Black J, Uppal S, Rhodes A, Smith R, Sherk HH, and Hermantin FU
American Society for Laser Medicine and Surgery, 11th Annual Meeting, San Diego, CA, 1991