

Jennifer Phelps, MD, MS

Liminal Longevity
493 Danbury Rd, Wilton CT 06897

BOARD CERTIFICATIONS

Family Medicine American Board of Family Medicine	1996–2034
Integrative Medicine American Board of Integrative Medicine	2013–2033

POSTGRADUATE TRAINING

Longevity Medicine Certification	2025–2026
Doctor of Hyperbaric Medicine · Certificate of Advanced Training UHMS Program for Advanced Training in Hyperbaric Medicine	2024
Certificate in Psychedelic Assisted Therapy & Research California Institute of Integral Studies · San Francisco, CA	2019
Fellow, Integrative Medicine University of Arizona · Tucson, AZ	2009–2011
Internship & Residency, Family Practice Montgomery Family Practice · Norristown, PA	1992–1995

EDUCATION

Doctor of Medicine Medical College of Pennsylvania · Philadelphia, PA	1988–1992
MS, Pharmacology & Toxicology University of Arizona · Tucson, AZ	1984–1986
BS, Biochemistry University of California, Davis · Davis, CA	1981–1984

LICENSURE

Connecticut	Active
New York	Active
California	Active

PROFESSIONAL EMPLOYMENT

Medical Director Phelps MD Integrative Medicine, LLC · Georgetown, CT 2012–present

- Consultation practice in mind body medicine, ketamine-assisted psychotherapy, functional & integrative medicine, nutrition, and botanical medicine
- Significant focus on mental health through mind body medicine — individual and group integration work

Senior Faculty & Senior Supervisor, National Programs

Center for Mind Body Medicine · Washington DC

2018–2024

- Taught nationwide trainings for the world's largest evidence-based program for healing population-wide psychological trauma and stress
- Online mind body skills for the mental health impact of Covid-19
- Healing Our Troops: PTSD and depression in Veterans, VA Hospitals VISN 8, FL; supervised Whole Health Coaches
- Community resiliency training for physician burnout
- Trauma response for mass shootings in Parkland, FL; Newtown, CT; and Las Vegas, NV
- Disaster response: Sonoma and Shasta fires, CA; Hurricane Maria, Puerto Rico
- Developed Cancer Caregiver Training in Mind Body Medicine
- Ukraine War Trauma: mind body groups for psychologists supporting war trauma

Mentor & Admissions Committee

CIIS Certificate in Psychedelic Assisted Therapy & Research · San Francisco & Boston

2020–2024

- Advised and aided development of the Boston Cohort
- Mentored students in small groups; moderated class discussion; oversaw final projects and papers
- Reviewed applications and interviewed incoming students

CERTIFICATIONS & TRAINING

Hyperbaric Oxygen Therapy Certification — ATMO	2022
Hyperbaric Oxygen Therapy Safety Director — ATMO	2022
Social Justice, Diversity & Inclusion — Chacruna	2022
Diversity Through Mind Body Lens	2020
White Women and Power Paradox Diversity Training	2020
Ketamine-Assisted Therapy — PRATI Institute of Functional Medicine	2020
Comprehensive Resource Model — Basic, Core Self	2016–2019
Comprehensive Resource Model — Generational, DID	
Brain Spotting, Phase I & II — David Grand	2016
Center for Mind Body Medicine Certification	2016
Foundations in Botanical Medicine — Low Dog, MD	2011–2012
American Society of Clinical Hypnosis Certification	2011
American Academy of Pain Management Certification	2004

PRESENTATIONS & PUBLIC TALKS

Podcast: Comprehensive Resource Model and Plant Medicines	2023
Webinar: Wellness During the Covid-19 Pandemic	2020
Role of Psychedelics in Oncology — Ann's Place	2019
Community Talk: Treating Anxiety with Mind Body Medicine	2018
Keynote: Mind Body Medicine in Cancer Survivorship	2018
Anxiety and Stress in Cancer — Ann's Place	2018
Integrative Care for Prostate Cancer Patients — Ann's Place	2017
Mind Body Medicine for Cancer Patients — Ann's Place	2016
Integrative Care and Mind Body Medicine — Danbury Hospital Residency	2014
Integrative Approaches to Cardiac Health — Newtown Visiting Nurses	2014
Integrative Medicine for Women — Women's Medicine Panel, Fairfield County	2013
Integrative Nutrition for Cancer Patients — Ann's Place	2012